

BREAKING DOWN THE WALL OF ANGER

8:00 - 9:45

- Why Teach Anger Management?
- A B C's of Anger
- Normal Anger and Problem Anger
- Why are Students Angry?

9:45 - 10:00 - Break

10:00 - 12:00

- How do People Develop a Conscience?
- The Teacher as the Model
- What is Anger Doing for You?
- Form groups to review activities

12:00 - 1:00 Lunch

1:00 - 3:00

- Large Group Review of Activities Teaching:
 - Examining Feelings
 - Communication Skills
 - Accepting Responsibility
 - Gaining Power
 - Dealing with other People's Anger